

Read the short story. Then answer each question.

Race Cars

Zoom! Zoom! Zoom! The race cars were all practicing for the big race tomorrow. Around and around and around the track they went. They practiced weaving in and out of cones, going around the curves, and starting right when the green light went on. Blue Race car and Red Race car were best friends, so they practiced together all day.

That night, they were in the garage resting up for the big race tomorrow. Red Race car couldn't sleep, though.

"Blue Race car? Are you asleep?" Red Race car asked.

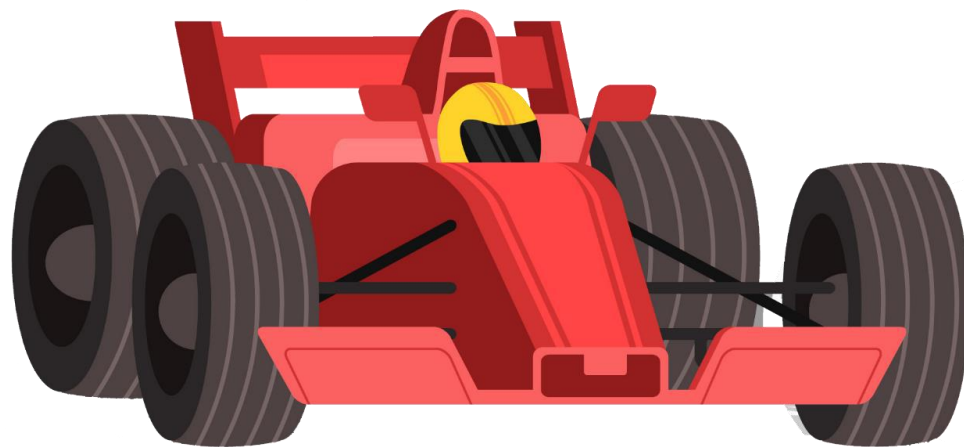
"No. I'm feeling nervous for the race tomorrow. How are you feeling?" Blue Race car answered.



“I’m feeling nervous, too. What can we do? We need to feel rested for the race tomorrow!” said Red Race car.

“Hmmm... we could try taking deep breaths. Ready? We’ll breathe in and count to three. Then we’ll keep the breath in for three seconds. Last, we’ll slowly let all of our breath out. We might have to do that a lot of times before we feel better. Let’s try!” Blue Race car said.

They took some slow, deep breaths together. After a few minutes, both race cars started to feel calm, and drifted off to sleep. They both dreamed about all the fun they’d have at the race.



Questions:

1. Who are the characters in the story?

2. What is the problem?

3. Where does the story take place?

4. How do the race cars solve the problem?

5. How do the race cars' feelings change throughout the story?

Answers:

1. Who are the characters in the story?
The characters in the story are red race car and blue race car.
2. What is the problem?
The problem is the two cars cannot go to sleep.
3. Where does the story take place?
The story takes place in the garage.
4. How do the race cars solve the problem?
They take long, deep breaths to calm down.
5. How do the race cars' feelings change throughout the story?
The race cars' feelings changed from being nervous to feeling calm.